

МИНИСТЕРСТВО СПОРТА РОССИЙСКОЙ ФЕДЕРАЦИИ

**Федеральное государственное бюджетное
образовательное учреждение высшего образования
«СМОЛЕНСКИЙ ГОСУДАРСТВЕННЫЙ
УНИВЕРСИТЕТ СПОРТА»
(ФГБОУ ВО «СГУС»)**

Кафедра иностранных языков

И.В. Лобанова

**ПО ДИСЦИПЛИНЕ «ИНОСТРАННЫЙ ЯЗЫК»
(АНГЛИЙСКИЙ ЯЗЫК)**

Практикум

Смоленск
2025

УДК 43
ББК 81.432.1
П 69

Рецензент:

к.п.н., доцент, заведующая кафедрой иностранных языков
ФГБОУ ВО «СГУС» Багновская П.Е.

Утверждено учебно-методическим советом ФГБОУ ВО «СГУС»

Практикум по дисциплине «Иностранный язык» (английский язык) /
Автор-составитель И.В. Лобанова. – Смоленск: ФГБОУ ВО «СГУС», 2025. –
53 с.

Практикум подготовлен в соответствии с ФГОС ВО по направлениям 49.03.04 «Спорт» и 49.03.01 «Физическая культура», согласно учебным планам СГУС по вышеуказанным направлениям и предназначен для развития и совершенствования лексических навыков как важного компонента рецептивных и продуктивных видов речевой деятельности на английском языке. Практикум предназначен для студентов 1-2 курсов СГУС.

© И.В. Лобанова, 2025
© ФГБОУ ВО «СГУС», 2025

Оглавление

| | |
|--|-----|
| ВВЕДЕНИЕ | 4 |
| I am a Student. My Family | 5 |
| Our University | 111 |
| Smolensk | 14 |
| Our Motherland | 199 |
| Physical education and sports in our country | 23 |
| Great Britain | 277 |
| Sports in Great Britain | 32 |
| The USA | 377 |
| Sports in the USA | 411 |
| The Olympic Games | 466 |

ВВЕДЕНИЕ

Цель представленного практикума – развитие и совершенствование лексических навыков и осуществление контроля знаний студентов 1-2 курсов, обучающихся по направлениям подготовки 49.03.04 Спорт, 49.03.01 Физическая культура.

Усвоение иностранного языка обучающимися невозможно без формирования лексических навыков как важного компонента рецептивных и продуктивных видов речевой деятельности.

Практикум включает лексические упражнения по учебным темам первого и второго курсов, способствующие активизации словаря и формированию ряда практических навыков, а также задания для проведения текущего контроля, который позволяет получить информацию о коммуникативной компетенции студентов, компонентами которой среди прочего являются богатый лексикон и грамотная письменная и устная речь.

Работа над данным материалом позволит, опираясь на уже имеющиеся знания иностранного языка, повысить уровень языковой и речевой компетенции обучающихся, которая необходима для использования знаний по предмету «Английский язык» в дальнейшей профессиональной деятельности.

Практикум предназначен для аудиторной и самостоятельной работы студентов.

I am a Student. My Family

1. Переведите текст на русский язык.

Kate was born in Roslavl, a town in the Smolensk region. Ten years ago her family moved to Smolensk where she lives now together with her parents.

As for her brother he is only nine. He is a schoolboy. His school is not far from the house. It is good that it doesn't take him long to get to his school.

The Grandparents live with their children and grandchildren. They would like to live in the country, but their health leaves much to be desired. Only in summer they go to their native village not far from Smolensk.

Kate is rather sociable and easy to deal with. She has a lot of friends with whom she discusses many things.

Kate is very emotional, it is impossible for her to be always calm. She envies people who are patient and never lose their temper.

This year Kate finished secondary school. She always did well at school and learned with great interest. Her favourite subjects were History and physical training. Kate also attended sport sections. She played basketball very good, but at the city competitions the school team won only the third prize. The knowledge of the English language is also important for Kate, as it can give access to the most up-to-date information and can help in communication with people from different countries.

Kate always wanted to become a coach. Now she is a first year student of the Smolensk University of Sports. She studies in the physical culture and sports faculty.

2. Ответьте на вопросы к тексту.

1. Where was Kate born? 2. When did the family come to Smolensk? 3. What can you say about Kate's Grandparents? 4. Is Kate very emotional? 5. Did Kate do well at school? 6. What are her favourite subjects? 7. What kind of sports does Kate go in for? 8. Does the English language play an important role in Kate's life?

3. Подтвердите или опровергните высказывания. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true.)

1. Kate was born in Smolensk.
2. She lives together with her parents.
3. Kate's brother is ten.
4. He is a schoolboy.
5. The brother's school is very far from the house.
6. The Grandparents live with their children and grandchildren.
7. In summer they go to their native village.
8. Kate has few friends.
9. She is very emotional.
10. She envies people who are patient and never lose their temper.
11. Two years ago Kate finished secondary school.
12. She always did well at school.
13. Kate's favourite subjects were History and physical training.
14. She attended sport sections.
15. She goes in for voleyball.
16. The knowledge of the English language is important for Kate.
17. The foreign language can give access to the most up-to-date information.
18. Kate wants to become a doctor.
19. Now she is a first year student.
20. Kate studies in the physical culture and sports faculty.

4. Переведите текст на русский язык.

My biography

Mine Name is Oleg, my surname is Fomin. I was born on the 9rd of July 2005 in Pskov. Like many other children I went to a kindergarten. At the age of 7 I went to school. I was proud when I became a pupil. I had to work hard as I wanted my parents to be pleased with me. I did well in literature and physical education. Sometimes I succeeded and sometimes I failed in my intention.

I like to dance and sometimes go to parties with my friends. I like it when someone plays the guitar or piano. But I myself do not play any musical instrument. We talk a lot about our problems. But I don't spend much time on entertainment.

I like to stay home alone. I listen to music, watch television or read books. I am fond of reading. I prefer historical novels and detective stories.

I don't go in for sport regularly. But if I have a possibility, I go to the swimming pool. I also like to play different ball games such as volleyball, basketball.

I am now a high school graduate. I have good marks. I am going to enter the university. The most important thing now is to pass the entrance exams well.

5. Ответьте на вопросы к тексту.

1. When was Oleg born? 2. Where was he born? 3. Did he go to a kindergarten? 4. How old was Oleg when he went to school? 5. Did he work hard at school?

6. In what subjects did he well? 7. How does Oleg spent his free time with his friends? 8. Can he play any musical instrument? 9. How does Oleg spent his free time at home? 10. What books does he usually read? 11. Does Oleg go in for sport regularly? 12. What kinds of sports does he go in for? 13. Does Oleg want to enter the university? 14. Has he now to pass the entrance exams?

6. Ответьте на вопросы к тексту «My Friend's Family».

1. Does Nick have an elder sister? 2. How old is she? 3. Is she married? 4. Does Nick have a nephew or a niece? 5. Where does Nick's grandfather work? 6. Did Nick's grandmother work at school? 7. Where does Nick's father work? 8. Where does Nick's mother work? 9. Does Nick have a younger sister? 10. Do the members of the family gather at home on Saturday evenings? 11. Is Nick a student at the University?

7. Ответьте на вопросы к тексту «The Lavrovs».

1. Is the Lavrovs family is large? 2. Where does the Lavrovs family live? 3. Is Nick Lavrov married? 4. Where does he work? 5. How old is Mary Lavrov? 6. Do the Lavrovs have children? 7. Where does Mary work? 8. Does Ann go to school? 9. Does Mary help her daughter Ann at English? 10. How old is Pete? 11. Does he go to the kindergarten? 12. Is Nick's sister married? 13. Do the children learn to swim? 14. Do the Lavrovs ski in winter?

8. Текст «The Lavrovs»: *Подтвердите или опровергните высказывания. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true.)*

1. The Lavrovs family is not large.
2. They live in Moscow region.
3. Nick Lavrov is an engineer.
4. He works in a small factory.
5. Nick is married.
6. He has three children.
7. Nick's wife is twenty nine years old.
8. She teaches English at the institute of Foreign Languages.
9. Nick's daughter is a girl of eleven.
10. She goes to school.
11. Ann is good at English.
12. She works hard and studies well.
13. Pete is only five.
14. He goes to the kindergarten.
15. Pete helps his mother about the house.
16. Nick Lavrov's sister is going to be a doctor.
17. Nick's sister is married.
18. Sister's husband and Nick work at the same plant.
19. The Lavrov family is quite athletic.
20. In summer they often go to the river.
21. The mother teaches children to swim.
22. Pete is trying to learn to swim.
23. In winter the family goes to the forest to ski.

9. Текст «My family»: *Подтвердите или опровергните высказывания. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true.)*

1. The family has a two room flat on the first floor.
2. The father is a coach.

3. The father works at a plant.
4. The father goes in for sports for fun.
5. The mother is a doctor.
6. Elder sister is a teacher of German.
7. Ann works at school.
8. She is 28 years old.
9. Ann is married.
10. She has a child - a little boy.
11. Brother Nick finds time to go in for sports.
12. He is a good swimmer.
13. Nick's favorite kind of sports is hockey.
14. Younger brother Pete is a schoolboy.
15. He is not very good at English.
16. Pete likes track-and field athletics best of all.
17. He has the first degree in middle-distance running.
18. Pete takes part in competitions.

10. Заполните пропуски подходящими по смыслу словами.

A) Victor --- in 2007. His family is not very ---: a father, a mother, a sister, a brother and him. The family --- in Smolensk in Kirov-street not --- from the University of Sports. They have a three-room ---.

Victor's --- is a teacher, she is 45 years old. His --- is 48, he --- at a plant.

Victor's elder brother is ---, he and his wife are doctors. They have two --- : a son and a daughter.

Victor's --- is a schoolgirl, she wants to --- a teacher like her mother. The sister --- mother about the house.

This year Victor finished secondary ---. He --- in for sports and --- to become a trainer. Now he is a first --- student of the University of Sports. He --- in the physical culture and sports faculty.

The students study many --- at the University, such as chemistry, physiology, psychology, anatomy, a foreign ---, etc. They take --- in many competitions. The students work hard to become experts of physical ---.

Victor goes --- track-and-field athletics. He has the second ---.

Б) My friend's ___ is Mikhail. He goes ___ many ___ of sports - wrestling, skating, fencing, horseback riding, swimming. There are only three excellent marks on the graduation certificate he received from the lyceum – in Russian ___, literature and physical training. Although he is not as strong as many of his classmates, Mikhail bravely participated in all wrestling ___.

Sometimes he even defeated the lyceum wrestling champion.

Mikhail travels a lot, mostly on horseback. On weekends he rides several hours a day. He can ride 25 kilometers just to ___ in the river. Riding, wrestling, fencing, skating, swimming - Mikhail is really a many-sided ___.

В) Yevgeny was ___ in the Khabarovsk Region. At the age of four he begins to go ___ figure-skating. It is his mother's initiative. At the age of seven he wins his first tournament "Crystal Skate" Хрустальный конек, which takes place in Samara. In 1993 his sport school is closed and his family moves to St. Petersburg, where he continues his trainings. There he ___ school and studies at the coaching faculty of the Lesgaft National State ___ of Physical Education, Sports and Health.

In 1997 Yevgeny wins his first world junior championship in South Korea and becomes the youngest figure ___ champion in the history of this kind of ___. A year passes and he makes his debut at the European and world championships for adults (для взрослых). In 2006 Yevgeny ___ the Olympic champion. After winning the gold at the 2006 Turin Olympics in Italy he retires (уходит) from amateur sports, but two years later he returns to competitive ___-skating. He takes ___ at the 2010 European Figure Skating Championship in Tallinn. He wins the championship and takes the gold.

Yevgeny is the first in the world to perform a number of complicated elements. He is a ten-time national champion, seven-___ European and many-time world champion in figure ___. Yevgeny is very popular in our country and abroad.

2. Составьте предложения.

- | | | | |
|----|---|---|--|
| 1 | The students study | a | study and train hard. |
| 2 | In order to become qualified specialists of physical education the students of the university | b | sports grounds, gymnasium, swimming pool, a stadium with a football pitch. |
| 3 | At the end of every term the students | c | scholarships. |
| 4 | All the students of the university go in for | d | participants of the Olympic Games. |
| 5 | The university trains experts | e | and exams. |
| 6 | Some of the students and graduates of the University are | f | many theoretical and sport subjects. |
| 7 | The students take oral tests | g | and correspondence (extra-mural). |
| 8 | There are three faculties at the University: physical culture and sports, recreational technology | h | for the first or second degrees in different branches of sports. |
| 9 | The university has all the necessary sport facilities and equipment: | i | have an examination session. |
| 10 | The students spend | j | in the field of physical education and sports. |
| 11 | Some students get | k | a lot of time in training. |
| 12 | The students of the university take part | l | from 4 or 5 work-outs. |
| 13 | Many students qualified | m | in different competitions. |
| 14 | Every week the students have | n | different kinds of sports. |

3. Выберите подходящее слово.

1. The Smolensk State University (learns, trains, prefers) experts in the field of physical education and sports.

2. The course of studies lasts for four years and the students take their Bachelor's (name, title, degree).

3. The students study many theoretical and sport (objects, subjects, kinds).
4. At the end of every (lesson, week, term) the students have an examination session.
5. All the students of the university (go in for, study, love) different kinds of sports.
6. Many of the students qualified for the first or second degrees in (all, different, new) branches of sports.
7. The students (have, give, spend) a lot of time in training.
8. Every week the students have from 2 to 5 (work-outs, lessons, lectures).
9. The students of the university take part in different (parties, games, competitions).
10. Among the students and graduates of the university there are many (happy, old, merited) coaches.
11. The students and graduates of the university take part in national, European and world (festivals, championships, games).
12. Some of the students and graduates of the university are (members, players, participants) of the Olympic Games.
13. The university has all the necessary sport (faculties, facilities, chairs) and equipment.
14. In order to become qualified specialists of physical education the students of the university study and (learn, try, train) hard.

4. Заполните пропуски подходящими по смыслу словами.

1. The Smolensk State University of Sports trains experts in the field of ____ .
2. The university ____ in 1950.
3. The course of studies ____ for four years and the students take their ____ degree.
4. The students study many theoretical and sport ____: theory of physical ____, physiology, psychology, foreign ____, track-and-____ athletics, skating, etc.
5. Some students ____ scholarships.
6. After six years of studies the students can get their ____ degree.

7. At the end of every ___ the students have an examination session, they take ___ and exams.
8. The students of the university ___ different kinds of sports.
9. Many students qualified for the first or second ___ in different ___ of sports.
10. Every week the students have from 2 to 5 ___.
11. Some of them take part in different ___.
12. Among the students and ___ of the university there are merited ___, merited masters of sports and international masters of sports.
13. Some of the graduates are participants of the Olympic ___.
14. The university has the necessary sport ___: gyms, sports grounds, a swimming-pool, a stadium with a football ___.
15. The most students of the university study and train ___.

Smolensk

1. Переведите на русский язык.

an ancient Russian city; the banks of the Dnieper; to mention in a chronicle; first mention; an important part; the key to Moscow; famous for the monuments; an ancient church; Cathedral of the Assumption; many monuments; heroes of the second world war; the grave of the Unknown Soldier (the Unknown Soldier's Grave); banner of Victory; the Eternal Flame; the monument with eagles; to erect a memorial; a lot of sights; ancient fortress wall; a high tower; at the end of the last century; birthplace of many famous men; a great scientist; founder of a party; the Smolensk region; federal state educational institution

2. Переведите предложения на русский язык.

1. Smolensk is an ancient Russian city. 2. Our town is situated on the banks of the Dnieper. 3. Smolensk was first mentioned in Russian chronicles in 863. 4. Our town is often called the key to Moscow. 5. Smolensk is famous for its ancient churches and the majestic Cathedral of the Assumption. 6. There are a lot of famous monuments of the past in the city. 7. In Heroes Memory Garden you will see the graves of Soviet army men. 8. Mikhail Egorov hoisted the red banner of Victory over

the Reichstag at the end of the Second World War. 9. The Eternal Flame burns over the graves. 10. The monument “Grateful Russia to the Heroes of 1812”, also known as the monument with eagles, was erected in 1912 to commemorate the victory over Napoleon. 11. One of the sights of Smolensk is its fortress wall with majestic towers. 12. The fortress wall was built at the turn of 17th century. 13. The Smolensk region was the birthplace of many famous people, one of them is the founder of Russian classical music Mikhail Glinka. 14. The city has many secondary and higher educational institutions.

3. Составьте предложения.

A

- | | | | |
|---|---|---|---|
| 1 | Smolensk is ____ | a | and factories in the city. |
| 2 | The Smolensk fortress wall was erected ____ | b | in the history of Russia. |
| 3 | Smolensk is as old as Kiev and Novgorod ____ | c | to the heroes of 1812 and 1945. |
| 4 | There are many plants ____ | d | by a prominent Russian architect Fyodor Kon. |
| 5 | There is a fine monument with eagles ____ | e | in honour of the victory over Napoleon in 1812. |
| 6 | There are many museums, one of the oldest in the country Drama Theatre, ____ | f | writer and diplomat Griboyedov and others. |
| 7 | Smolensk has played and plays an important role ____ | g | 1160 years old. |
| 8 | One of the splendid monuments to composer Glinka ____ | h | and older than Berlin and Madrid. |
| 9 | The Smolensk region was the birthplace of many famous men: the first in the world cosmonaut Gagarin, poets Isakovsky, Tvardovsky, the founder of Russian classical music Glinka, ____ | i | many secondary and higher schools in Smolensk. |

- 10 Every year music Glinka festivals are held in j in the Heroes Memory
Smolensk and at his birthplace ___ Garden.
- 11 In the city there are many monuments ___ k stands in one of the city
gardens.
- 12 There are also junior sports schools, some l in the village of
stadiums ___ Novospasskoye.
- 13 The monument with eagles was erected in m and swimming-pools in
1912 ___ Smolensk.

B)

- 1 There are ancient churches and ___ a and the Eternal Flame.
- 2 Some monuments commemorate ___ b the key to Moscow.
- 3 In the Heroes Memory Garden you will see the c by a prominent Russian
busts of the great Russian generals, the graves architect Fyodor Kon.
of Soviet army men ___
- 4 The fortress wall was built ___ d 300,000 people.
- 5 Smolensk is often called ___ e the heroes of wars.
- 6 Smolensk is the industrial, administrative and f the victory over
cultural centre ___ Napoleon in 1812.
- 7 The monument with eagles commemorates g majestic cathedral in
___ Smolensk.
- 8 The fortress wall was built ___ h of the region.
- 9 The population of Smolensk is ___ i at the turn of 17th
century.

4. Заполните пропуски подходящими по смыслу словами.

1. An ancient Russian city Smolensk ___ on the banks of the Dnieper.
2. Smolensk ___ in Russian chronicles in 863.
3. Since the early ages Smolensk has played ___ in the history of Russia.
4. Smolensk is ___ its monuments of past.
5. ___ survived several wars.

6. Eternal Flame burns ____ .
7. ____ was erected in 1912.
8. One of the sights of Smolensk is ____ with its majestic towers.
9. The Smolensk region was the birthplace ____ .
10. The city has many higher and secondary ____ .
11. The Dramas Theatre named after A. Griboedov is ____ in our country.
12. There are some ____ and stadiums in our town.
13. The fortress wall ____ at the turn of 17th century by a prominent Russian architect Fyodor Kon.

- a) the fortress wall b) Smolensk c) an important part d) swimming-pools*
e) of many famous men f) is situated g) in Heroes Memory Garden
h) one of the oldest i) educational establishments J) The monument with eagles
k) was first mentioned l) was built m) famous for

5. Подтвердите или опровергните высказывания. Confirm or refute statements. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true.)

1. Smolensk is situated on the banks of the Volga.
2. It was first mentioned in Russian chronicles in 863.
3. Smolensk is often called the key to Moscow.
4. The Smolensk fortress wall was built at the turn of 18th century.
5. Smolensk is famous for its monuments of the past.
6. The monument “Grateful Russia to the Heroes of 1812” commemorates the victory over Napoleon.
7. The Smolensk region was the birthplace of many famous men.
8. The city has not any theatres.
9. There are some stadiums, swimming-pools and indoor skating-rinks in the city.

6. Выберите подходящее слово.

1. Smolensk was first (described, mentioned, sung) in Russian chronicles in 863.

2. Since the early (years, ages, months) Smolensk has played an important part in the history of Russia.

3. Smolensk is often (remembered, called, mentioned) the key to Moscow.

4. The monument “Grateful Russia to the Heroes of 1812” is also known as the monument with (lions, eagles, flags).

5. One of the sights of Smolensk is its fortress wall with majestic (windows, roofs, towers).

6. The Smolensk fortress wall was built by the (modern, prominent, ancient) Russian architect Fyodor Kon.

7. The Smolensk region was the birthplace of many (kinds of sports, famous men, many great composers).

8. Smolensk is the industrial, administrative and cultural centre of the (country, world, region).

9. There are many higher and secondary (sport, educational, musical) institutions in the city.

10. The Drama Theatre named after Alexander Griboyedov is one of the (oldest, most famous, great) in the country.

7. Заполните пропуски подходящими по смыслу словами.

1. Smolensk is an ___ Russian city.

2. It is situated on the ___ of the Dnieper.

3. Smolensk was ___ mentioned in Russian chronicles in 863.

4. Smolensk has ___ an important role in the history of Russia.

5. It is often called ___ to Moscow.

6. Smolensk is ___ for its ancient churches and majestic cathedral, monuments of past.

7. In Heroes Memory Garden you will see the Eternal Flame, graves of Soviet army men, ___ of the great Russian generals, a fine monument with ___.

8. One of the sights of Smolensk is its ___ wall, which was built at the turn of 17th ___ by a prominent Russian architect Fyodor Kon.

9. The Smolensk region was ___ of many famous men: the founder of Russian classical ___ composer Glinka, ___ Nakhimov, scientists Dokuchaev and Przhevalsky, sculptor Kononov, ___ Isakovsky, Tvardovsky, the first in the world ___ Gagarin.

10. Smolensk is the industrial, administrative and cultural ___ of the region.

11. Its ___ is about 300,000 people.

12. There are many museums, cinemas, the Drama ___, secondary and higher ___, junior ___ schools in Smolensk.

Our Motherland

1. Переведите на русский язык.

the eastern part of Europe, the northern part of Asia, European climate, to occupy a large area, to connect five seas, to differ from each other, huge difference, rich in natural resources, oil reserves, gold mines, Siberian timber, seven degrees above zero, monument with eagles, Russian game, famous artists

2. Переведите предложения на русский язык.

1. Russia is situated in the eastern part of Europe and in the northern part of Asia. 2. The territory of the reserve occupies fifteen square kilometers. 3. People of different nationalities live in our country. 4. The Volga connects five seas. 5. The climate differs from arctic in the north to continental in the central part of the country and subtropical in the south. 6. The national emblem of Russia is a double-headed eagle. 7. Russia is famous for many talented people. 8. Our country is the birthplace of many famous artists. 9. Russia is famous for great scientists.

3. Заполните пропуски подходящими по смыслу словами.

1. Russia is situated ___ and in the northern part of Asia.

2. The territory of Russia ___ 17 million square kilometers.

3. The smaller part of our country is ___, the larger part is in Asia.

4. Our country ___ three oceans and twelve seas.

5. Russia ___ many countries.

6. The capital ___ is Moscow.

7. There are many ___ in our country.
8. The Ob is the longest river ___ .
9. The Volga ___ 5 seas.
10. ___ are very important water ways.
11. The Volga ___ in Europe.
12. Russia ___ natural resources: natural gas, oil, gold, silver, coal and others.
13. The President ___ once every four years.
14. The national emblem of Russia is ___ .
15. The state symbol of Russia is ___ with white, blue and red horizontal stripes.
16. Our country ___ many talented people: scientists, composers, artists, writers and poets.
17. The names of ___, scientists, composers, artists are known all over the world.
*a) occupies b) in Russia c) borders on d) the longest river
e) is rich in f) a double-headed eagle h) in Europe g) in the eastern part of Europe
i) of the country j) is washed by k) great rivers and lakes l) connects
m) The Volga and the Ob n) our writers and poets o) a three-coloured flag
p) is elected q) is famous for*

4. Составьте предложения.

- 1 Russia borders ___ a the larger part is in Asia.
- 2 Our country is situated in the eastern part of Europe ___ b in Russia.
- 3 The climate differs from arctic in the north to continental in the central part of the country ___ c live in Russia.
- 4 The smaller part of Russia is in Europe, ___ d and in the northern part of Asia.
- 5 The names of our scientists, ___ e with white, blue and red

composers, artists, writers and poets horizontal stripes.

- 6 Russia is one the largest countries ____ f on many countries.
- 7 The Ob is the longest river ____ g for many talented people: scientists, composers, artists, writers and poets.
- 8 Our country is washed ____ h connects 5 seas.
- 9 The Volga and the Ob are ____ i and subtropical in the south.
- 10 People of different nationalities ____ j once every six years.
- 11 The territory of Russia ____ k by twelve seas and three oceans.
- 12 The President is elected ____ l are known all over the world.
- 13 Moscow is ____ m very important water ways.
- 14 The state symbol of Russia is a three-coloured flag ____ n occupies 17 million square kilometers.
- 15 Moscow is the largest city in Russia and ____ o the capital of the country.
- 16 Our country is very rich ____ p in the world.
- 17 The Volga ____ q in natural resources.
- 18 Our country is famous ____ r one of the largest cities of the world.

5. Подтвердите или опровергните высказывания. Confirm or refute statements. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. Russia is one the largest countries in the world.

2. Our country is situated in the eastern part of Europe and in the southern part of Asia.

3. The territory of Russia occupies seven million square kilometers.
4. The larger part of Russia is in Europe, the part smaller is in Asia.
5. People of different nationalities live in Russia.
6. Our country is washed by twenty seas and three oceans.
7. Russia borders on many countries.
8. Moscow is the capital of the country.
9. Our capital is the largest city in Russia and one of the largest cities of the world.
10. The Neva is the longest river in Russia.
11. The Ob connects 5 seas.
12. The Volga and the Ob are very important water ways.
13. Our country is poor in natural resources.
14. The climate differs from arctic in the north to continental in the central part of the country and subtropical in the south.
15. The head of the state is the President.
16. The President is elected once every five years.
17. The state symbol of Russia is a three-coloured flag with white, blue and red horizontal stripes.
18. The national emblem of Russia is a two-headed eagle.
19. The names of our outstanding scientists, composers, artists, writers and poets are known all over the world.

6. Выберите подходящее слово.

1. The territory of Russia (has, is, occupies) seven million square kilometers.
2. Our country is situated in the (western, eastern, southern) part of Europe and in the (northern, southern, western) part of Asia.
3. Russia is one the largest (towns, cities, countries) in the world.
4. People of (some, different, eleven) nationalities live in Russia.
5. Russia borders on many islands, countries, peninsulas).
6. The Volga (unites, connects, forms) five seas.
7. Our country is (much, poor, rich) in natural resources.

8. The head of the state is (the monarch, the President, the king).
9. The President is (appointed, elected, proposed) once every six years.
10. The state symbol of Russia is a three-coloured flag with white, blue and red horizontal (stars, eagles, stripes).
11. The national emblem of Russia is a (white Eagle, double headed eagle, brown bear).

7. Заполните пропуски подходящими по смыслу словами.

1. Russia is situated in the ___ part of Europe and in the northern ___ of Asia.
2. Russia is ___ by twelve seas and three oceans.
3. It ___ on many countries.
4. People of different nationalities ___ in Russia.
5. Moscow is ___ of the country.
6. There are ___ rivers and lakes in it.
7. Russia is ___ in natural resources: coal, oil, gold, silver, natural gas and others.
8. The head of the state is its ___.
9. The emblem is a double-headed ___.
10. The state symbol of ___ is a three-coloured flag.
11. Our country is ___ for many talented people: A. Pushkin, L. Tolstoy, M. Glinka, P. Chaikovski, I. Repin and many others.

Physical education and sports in our country

1. Переведите предложения на русский язык.

1. Physical education is a part of general education in Russia.
2. In pre-school institutions the children learn to dance, run, jump and play the ball.
3. Physical education is a compulsory subject at all educational institutions.
4. Many people go in for sports for fun and take part in different competitions.
5. Junior sport schools play an important part in the system of physical education.
6. Thousands of qualified coaches work at sport schools and their trainees take part in different competitions.
7. Most of our outstanding athletes are junior sports schools graduates.
8. Physical

culture higher educational institutions train physical culture teachers and coaches in different branches of sports. 9. Lesgaft State National University of Physical Education, Sport and Health in St. Petersburg is the oldest in our country. 10. Peter Lesgaft was the founder of the Russian system of physical education. 11. The splendid natural conditions in our country make it possible to go in for over 40 kinds of sports. 12. People who regularly go in for sports are usually healthy and strong. 13. Some people begin their day with morning exercises. 14. Sports help people to develop physically and make them more organized in their daily life.

2. Заполните пропуски подходящими по смыслу словами.

A) 1. In pre-school establishments ___ to run, jump, to play the ball and dance.

2. Physical education is ___ at all educational establishments.

3. Many people ___ in different competitions.

4. Many people ___ for fun.

5. Sport schools ___ in the system of physical education.

6. Thousands of qualified coaches work ___.

7. Most of ___ are junior sports schools graduates.

8. There are many physical culture higher educational ___ in Russia.

9. Physical culture higher educational establishments train ___ in different branches of sports.

10. The largest physical culture universities are ___.

a) play an important part b) physical culture teachers and coaches

c) children learn d) a compulsory subject e) at junior sport schools

f) take part g) our outstanding athletes h) go in for sports

i) establishments j) in Moscow and St. Petersburg

B) 1. The Petersburg State National University of Physical Culture, Sports and Health is ___.

2. P.P. Lesgaft was ___ of Russian system of physical education.

3. Among ___ there are many scientists, famous coaches, Olympic and World champions.

4. Splendid natural conditions in our country ___ to go in for over 40 kinds of sports.

5. If you want to keep fit, you must ___.

6. People ___ are usually healthy and strong.

7. Some people begin their day ___.

8. Sports ___ people to develop physically.

9. Sports make people ___ in their daily life.

- a) *the founder* b) *make it possible* c) *go in for sports* d) *help*
e) *more organized* f) *with morning exercises*
g) *the graduates of physical culture universities* h) *who regularly go in for sports*
i) *the oldest in our country*

3. Составьте предложения.

1 Physical education is a compulsory a in Russia.
subject at school, ___

2 Many people take part ___ b junior sports schools graduates.

3 Physical education is a part ___ c for fun.

4 There are many physical culture higher d the oldest university in our
educational establishments ___ country.

5 In pre-school establishments children e of general education in our
learn ___ country.

6 The Petersburg State National University f in different branches of sports.
of Physical Culture, Sports and Health
named after P.P. Lesgaft is ___

7 P.P. Lesgaft was the founder ___ g work at junior sport schools.

8 Many people go in for sports ___ h at all educational establishments.

9 Splendid natural conditions make it i in Moscow and St. Petersburg.
possible ___

10 Sport schools play an important part in j in different competitions.

the system ____

- 11 Sports not only help people to develop k of Russian system of physical physically ____ education.
- 12 Thousands of qualified coaches ____ l to go in for over 40 kinds of sports.
- 13 People who regularly go in for sports are m to dance, run, jump and play the usually ____ ball.
- 14 Most of our outstanding athletes are ____ n healthy and strong.
- 15 Physical culture higher educational o many Olympic and World establishments train physical culture champions, recordholders, famous teachers and coaches ____ coaches and scientists.
- 16 The largest physical culture universities P of physical education. are ____
- 17 Among the graduates of these educational q but make them more organized in establishments there are ____ their daily life.

4. Выберите подходящее слово.

1. In pre-school (sports grounds, establishments, gymnasiums) children learn to run, jump, to play the ball and dance.

2. Physical (training, competition, education) is a compulsory subject at all educational establishments.

3. Many people take part in different (plays, competitions, trainings).

4. Sports make people in their daily life more (clever, organized, tired)

5. Sport schools play an (necessary, important, new) part in the system of physical education.

6. Thousands of qualified coaches (recreate, disport, work) at junior sport schools.

7. Most of our (outstanding, old, new) athletes are junior sports schools graduates.

8. Sports help people to (jump, develop, dance) physically.

9. Physical culture higher educational establishments train physical culture

teachers and coaches in (all, some, different) branches of sports.

10. Some people (finish, spend, begin) their day with morning exercises.

11. The Petersburg State National University of Physical Culture, Sports and Health is the oldest in (the world, Europe, our country).

12. People who regularly go in for sports are (never, often, usually) healthy and strong.

13. Among the (students, graduates, athletes) of physical culture universities there are many scientists, famous coaches, Olympic and World champions.

14. Splendid natural conditions in our country make it (possible, vain, important) to go in for over 40 kinds of sports.

15. If you want to keep fit, you must go (dancing, swimming, in for sports).

Great Britain

1. Переведите предложения на русский язык.

1. The United Kingdom of Great Britain and Northern Ireland consists of England, Scotland, Wales and Northern Ireland. 2. The UK consists of two large islands –Great Britain and Ireland – and many smaller ones. 3. Great Britain lies to the west of the continent of Europe 4. The eastern coast is washed by the waters of the North Sea. 5. The western coast of Great Britain is washed by the Atlantic Ocean and the Irish Sea. 6. The English Channel separates the south-east of Great Britain from France. 7. The island of Great Britain is divided into two parts: mountainous and lowland. 8. The rivers in UK are not very large. 9. The highest mountains are in Scotland and Wales. 9. The climate is cool, temperate and humid. 10. The weather is so changeable that the English often say that they have no climate but only weather. 11. The natural resources of Great Britain are coal, iron ore, tin ore, shale, etc. 12. Great Britain is a highly developed country. 13. The UK is a parliamentary monarchy. 14. The Head of State is a monarch (a king or a queen). 15. The monarch has almost no power in the country. 16. Laws are made by the Parliament. 17. The Government is headed by the Prime Minister. 18. Britain is the

birthplace of some famous writers, poets, artists. 19. The UK is the birthplace of many popular kinds of sports: football, boxing, rugby, cricket, golf.

2. Составьте предложения.

- | | |
|--|---|
| 1. The western coast of Great Britain is washed ... | a. 224,100 square kilometers. |
| 2. The island of Great Britain is distinctly divided into two parts: ... | b. the southeast of Great Britain from France. |
| 3. Islands Great Britain and Ireland lie ... | c. with the trade unions. |
| 4. The United Kingdom of Great Britain and Northern Ireland ... | d. that of north-western Europe. |
| 5. The highest mountains are in Scotland and Wales: ... | e. by the Atlantic Ocean and the Irish Sea. |
| 6. The total land area of the United Kingdom is ... | f. the party of the Right, the party of big business. |
| 7. The eastern coast is washed ... | g. very changeable. |
| 8. The weather is ... | h. mountainous (north and west) and lowland (south and east). |
| 9. The English Channel separates ... | i. consists of England, Scotland, Wales and Northern Ireland. |
| 8. The English often say ... | j. Ben Nevis and Snowdon. |
| 10. Great Britain is the birthplace ... | k. to the west of the continent of Europe. |
| 11. The Thames flows ... | l. coal, iron ore, tin ore, shale, etc. |
| 12. Great Britain has a monarch (a king or a queen) ... | m. of many popular kinds of sports. |
| 13. Laws are made ... | n. the House of Lords and the House of Commons. |
| 14. Labour Party has strong links ... | o. as its Head of State. |
| 15. The fauna is much like ... | p. cool, temperate and humid. |

16. The Government is headed ... q. by the waters of the North Sea.
17. Conservative party (the Tories) is ... r. by the Prime Minister.
18. The natural resources of Great Britain are ... s. that they have no climate but only weather.
19. The British Parliament consists of 2 chambers: ... t. by the Parliament.
20. The climate in the UK is ... u. to the port of London.

3. Заполните пропуски подходящими по смыслу словами и словосочетаниями.

1. The United Kingdom of Great Britain and Northern Ireland consists of _____.
2. The western coast of Great Britain is washed _____ and the Irish Sea.
3. Islands Great Britain and Ireland lie _____ of the continent of Europe.
4. The eastern coast is washed _____.
5. The English Channel _____ the southeast of Great Britain from France.
6. There are many rivers in Great Britain, but they are _____.
7. The longest _____ are the Severn and the Thames.
8. The Thames _____ to the port of London.
9. There are many _____ in Great Britain.
10. The highest _____ are in Scotland and Wales: Ben Nevis and Snowdon.
11. _____ in the UK is usually described as cool, temperate and humid.
12. The weather is so changeable that the English often say that they have _____ but only weather.
13. _____ of Great Britain are coal, iron ore, tin ore, shale, etc.
14. The largest cities of Great Britain are: London, _____, Birmingham, Glasgow, Liverpool, Manchester, Leeds, Edinburgh.
15. Great Britain is a highly developed _____.
16. Great Britain is a _____ monarchy.
17. The country has _____ (a king or a queen) as its Head of State.
18. Laws _____ by the Parliament.

19. The British Parliament consists of ____: the House of Lords and the House of Commons.

20. ____ is headed by the Prime Minister. 21. Great Britain is the birthplace of many popular ____: football, rugby, cricket, golf, boxing.

- a) *by the waters of the North Sea* b) *The natural resources* c) *a monarch*
d) *not very large* e) *England, Scotland, Wales and Northern Ireland* f) *are made*
g) *kinds of sports* h) *parliamentary* i) *separates* j) *the capital of the UK*
k) *The Government* l) *mountains* m) *flows* n) *lakes* o) *The climate*
p) *country* q) *no climate* r) *rivers* s) *by the Atlantic Ocean* t) *to the west*
u) *two chambers*

4. Подтвердите или опровергните высказывания. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. Great Britain (complain, consists, lead) of England, Scotland, Wales and Northern Ireland.

2. Great Britain consists of two large (lands, peninsula, islands): Great Britain and Ireland.

3. The eastern coast is washed by the (rivers, lakes, waters) of the North Sea.

4. The English Channel (unites, separates, merges) the southeast of Great Britain from France.

5. The climate is cool, temperate and (hot, humid, fresh).

6. The weather is very (changeable, capricious, fabulous).

7. The weather is the (stupid, favourite, funny) topic of conversation in the UK.

8. Great Britain is a highly developed (island, city, country).

9. It is a parliamentary (republic, monarchy, tetrarchy).

10. The monarch has almost no (rights, power, self-possession) in the country.

11. Laws are made by the (Parliament, Government, trade unions).

12. The Government is headed by the (Prime Minister, president, king).

13. Great Britain is the birthplace of many (tedious, outdated, popular) kinds of sports: football, rugby, cricket, golf, boxing.

5. Выберите подходящее слово.

1. Great Britain (complains, consists, leads) of England, Scotland, Wales and Northern Ireland.
2. Great Britain consists of two large (lands, peninsula, islands): Great Britain and Ireland.
3. The eastern coast is washed by the (rivers, lakes, waters) of the North Sea.
4. The English Channel (unites, separates, merges) the southeast of Great Britain from France.
5. The climate is cool, temperate and (hot, humid, fresh).
6. The weather is very (changeable, capricious, fabulous).
7. The weather is the (stupid, favourite, funny) topic of conversation in the UK.
8. Great Britain is a highly developed (island, city, country).
9. It is a parliamentary (republic, monarchy, tetrarchy).
10. The monarch has almost no (rights, power, self-possession) in the country.
11. Laws are made by the (Parliament, Government, trade unions).
12. The Government is headed by the (Prime Minister, president, king).
13. Great Britain is the birthplace of many (tedious, outdated, popular) kinds of sports: football, rugby, cricket, golf, boxing.

6. Заполните пропуски подходящими по смыслу словами.

1. The UK consists of England, Scotland, Wales and ____.
2. Great Britain consists of two large islands: ____ and Ireland.
3. The eastern coast of Great Britain is washed by the waters of the North ____.
4. The western coast is washed by the Atlantic ____ and the Irish Sea.
5. The English Channel separates the southeast of Great Britain from ____.
6. The ____ is cool, temperate and humid.
7. The ____ is very changeable.
8. The weather is the ____ topic of conversation in the UK.
9. The longest rivers are the Severn (354 kilometers) and the Thames.
10. Great Britain is a highly developed ____.
11. It is a parliamentary ____.

12. The Head of the State is ____.
13. Laws are made by the ____.
14. The ____ is headed by the Prime Minister.
15. Great Britain is the ____ of many kinds of sports: football, rugby, cricket, golf, boxing.
16. London is the ____ of the UK.
17. The largest ____ of Great Britain are London, Birmingham, Glasgow, Manchester, Leeds, Edinburgh and others.

Sports in Great Britain

1. Переведите предложения на русский язык.

1. Sport is an important part of Englishmen's daily life. 2. Great Britain is the birthplace of many popular kinds of sports such as football, rugby, cricket, field hockey, lawn tennis, boxing. 3. Soccer and cricket have won the greatest popularity. 4. Football has a vast number of supporters. 5. Football originated in 1863. 6. In honour of its 100th anniversary there was a memorable game in Britain in 1963 where our legendary goalkeeper Lev Yashin was the captain of the symbolic All-World Team. 7. Football is played in winter in all parts of Britain. 8. Most schools, factories and offices have their own teams. 9. Professional soccer teams hold their finals at Wembley stadium. 10. Rugby as another popular game is played at public schools and universities. 11. Rugby is played by two teams of 15 players each with an oval-shaped ball. 12. Cricket is the game that English people like to play in summer. 13. Field hockey is the popular winter game which both men and women play. 14. Tennis is also one of the favourite games in England. 15. The Wimbledon Cup is the most important tennis event. 16. Golf is more popular in the United States though the game originated in Scotland. 17. Boxing, wrestling, weightlifting, gymnastics and newer sports judo and karate are popular too. 18. Water sports – sailing, canoeing, rowing, water-skiing, surfing – are also popular in the UK. 19. Equestrian sports are traditionally popular in Great Britain. 20. Winter is the great

time for skiing, skating and tobogganing, hunting. 21. Figure-skating is rather popular in the country. 22. Some fit English sportsmen are famous all over the world.

2. Составьте предложения.

- | | | | |
|----|---|---|---|
| 1 | Great Britain is the birthplace of many popular kinds of sports such as --- | a | of 15 players each. |
| 2 | The Britons are --- | b | in 1863. |
| 3 | Two kinds of sports have won the greatest popularity, these are --- | c | yachting, canoeing, rowing, water-skiing, surfing. |
| 4 | Football originated --- | d | at public schools and universities. |
| 5 | Professional soccer teams hold their finals --- | e | in Scotland. |
| 6 | Rugby is played --- | f | football, rugby, cricket, field hockey, lawn tennis, boxing and others. |
| 7 | The Wimbledon Cup is the most important --- | g | are famous all over the world. |
| 8 | Golf originated --- | h | lovers of competitive sports. |
| 9 | Water sports include --- | i | at Wembley stadium. |
| 10 | Rugby is played by two teams --- | j | figure-skating und hunting. |
| 11 | Favourite winter sports are --- | k | tennis event. |
| 12 | Some prominent English sportsmen --- | l | which may be carried and thrown but not forward. |
| 13 | Rugby is played with an oval-shaped ball --- | m | taught at school. |
| 14 | Swimming is usually -- | n | soccer and cricket. |

3. Заполните пропуски подходящими по смыслу словами и словосочетаниями.

A) 1. Great Britain is the birthplace of some popular kinds of sports such as ____.

2. Many Englishmen ____ as sportsmen.

3. The Britons are lovers of ____ sports.

4. Soccer and cricket have won ____.

5. Football ____ in 1863, in honour of its 100th anniversary there was a memorable game ____ in 1963.

6. Russian legendary goalkeeper Lev Yashin was ____ of the symbolic All-World Team.

7. Football ____ in winter in all parts of Britain.

8. Many schools, factories and offices have ____.

9. ____ hold their finals at Wembley stadium.

10. Rugby football is played ____.

11. Rugby is played with ____.

12. The ball may be carried and thrown ____.

a) the greatest popularity b) at public schools and universities c) but not forward

d) Professional soccer teams e) is played f) competitive g) the captain

h) an oval-shaped ball i) in Britain J) originated k) regard themselves

l) their own football teams

m) boxing, football, field hockey, lawn tennis, rugby, cricket and others.

B) 1. Cricket is played by English people ____.

2. Field hockey is the popular ____.

3. One of the favourite games ____ is lawn tennis.

4. Tennis players ____ compete every summer in Wimbledon.

5. Golf originated ____.

6. Golf is more popular ---.

7. Also popular are newer kinds of sports such as ---.

8. The Royal Yachting Association has over 1,500 clubs ---.

9. --- is popular at the Universities and public schools.

10. Swimming is usually --- at school.

11. Equestrian sports are still --- in Great Britain.

12. Winter is the great time for ---.

- a) judo and karate b) hunting c) in the USA d) in summer
e) traditionally popular f) winter game g) throughout the country h) in Scotland
i) in England J) from all over the world k) taught l) Rowing

4. Подтвердите или опровергните высказывания. Confirm or refute statements. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. Great Britain is the birthplace of many popular kinds of sports such as football, field hockey, lawn tennis, boxing, baseball, basketball and others.

2. The Englishmen are lovers of competitive sports.

3. Lawn tennis and boxing have won the greatest popularity.

4. Football originated more than 100 years ago.

5. Most boys' schools have their own teams.

6. Professional soccer teams hold their finals at Wimbledon stadium.

7. Rugby football is played at public schools and universities.

8. Rugby is played by two teams with an oval-shaped ball.

9. English people like to play cricket in summer.

10. Field hockey is played by men and women.

11. The Wembley Cup is the most important tennis event.

12. Golf originated in Scotland.

13. The appearance of a great runner or a jumper at the White City stadium in London always draws a great number of spectators.

14. Boxing, wrestling, weightlifting, gymnastics and newer sports such as judo and karate are popular too.

15. Water sports are very popular in Great Britain.

16. The Royal Yachting Association has over 150 clubs throughout the country.

17. Rowing is popular at the Universities and public schools.

18. The annual boat races between Oxford and Cambridge crews (экипажи) have become almost a national festival.

19. Swimming is usually taught in kindergartens.

20. Riding (Верховая езда) and other equestrian sports are traditionally popular in Great Britain.

21. English people don't often have a chance of skiing, skating and tobogganing.

22. Figure-skating is not popular at all.

23. Winter is the great time for hunting.

24. There are winter sports centers in several parts of the highlands in Scotland.

25. There are no indoor sports centers in the UK.

5. Выберите подходящее слово.

1. Great Britain is the birthplace of (much, none, many) kinds of sports.

2. The Britons are lovers of (common, simple competitive) sports.

3. Soccer and (lawn tennis, boxing, cricket) have won the greatest popularity.

4. Football is played in (summer, winter, spring) in all parts of Britain.

5. Rugby, cricket and tennis are favorite (entertainment, games, events) in the UK.

6. The Wimbledon Cup is the most important tennis (game, event, play).

7. Also popular are equestrian sports, athletics, boxing and wrestling, weightlifting, gymnastics and newer sports such as judo and (sambo, karate, taekwondo).

8. Many Englishmen go in for (winter, newer, water) sports: yachting, rowing, water-skiing, surfing.

9. Favorite winter sports are (fishing, long jump, figure-skating) und hunting.

10. Some (lucky, prominent, little known) English sportsmen are famous all over the world.

The USA

1. Переведите предложения на русский язык.

1. The USA occupies the central and southern parts of North America and stretches from the Atlantic Ocean in the east to the Pacific Ocean in the west, from Canada in the North to Mexico in the south. 2. The country possesses many islands in the Pacific and Atlantic Oceans. 3. There are five Great Lakes between the USA and Canada, they are joined together by short rivers or canals, and the St. Lawrence River joins them to the Atlantic Ocean. 4. The main rivers are the Mississippi, the Missouri, the Yukon, the Colorado. 5. The forests are full of animals of all kinds and sizes. 6. The country is rich in natural resources: coal, oil, natural gas, silver. 7. The USA originated with the Declaration of Independence of 1776, it is a federation of fifty states, each state has its own capital. 8. The supreme power belongs to the federal government, represented by the President and the Congress. 9. The Congress makes all laws. 10. The Democratic and the Republican parties are the main political parties in the USA. 11. The USA is one of the most powerful countries in the world. 12. The country has highly developed industry and agriculture. 13. Grandchildren of immigrant from many countries of Europe and Asia represent the main part of the population of the USA. 14. The capital of the USA was named after the first president George Washington. 15. The USA is the birthplace of many famous men: inventors, writers, scientists. 16. The USA is the birthplace of many kinds of sports such as basketball, volleyball, American football.

2. Составьте предложения.

1. The United States of America occupies a. to Mexico in the south.
2. The USA stretches from the Atlantic b. of all kinds and sizes.

Ocean in the east

3. The USA stretches from Canada in the North c. that of Norway.
4. The USA possesses many islands d. of fifty states.
5. The climate in the southwest is like e. of 1776.
6. There are five Great Lakes f. the laws.
7. The Lawrence River joins the Great Lakes g. the donkey.
8. The forests of the USA are full of animals h. to the Pacific Ocean in the west.
9. The USA is rich in natural resources: i. the elephant.
10. The USA originated with the Declaration of Independence j. the central and southern parts of North America.
11. The USA is a federation k. in the Pacific and Atlantic Oceans.
12. The Congress makes l. to the Atlantic Ocean.
13. The emblem of the Democratic Party is m. after the first president George Washington.
14. The emblem of the Republican Party is n. between the USA and Canada.
15. The main part of the nation is represented by the grandchildren of immigrants o. of many kinds of sports.
16. The capital Washington was named from all countries of Europe and Asia.
17. The USA is the birthplace coal, oil, natural gas, silver, etc.

3. Заполните пропуски подходящими по смыслу словами.

1. The United States of America ___ the central and southern parts of North America.
2. The USA possesses ___ in the Pacific and Atlantic Oceans.
3. ___ of the country are the Mississippi, the Yukon, the Colorado and some others.
4. The USA is ___ in natural resources: coal, oil, natural gas, silver, etc.
5. The USA is ___ of 50 states.
6. The emblem of the Democratic Party is ___.
7. The emblem of the Republican Party is ___.
8. The USA has ___ and agriculture.
9. Grandchildren of immigrant from all countries of Europe and Asia ___ the main part of the population.
10. The capital Washington ___ after the first president George Washington.
11. The USA is ___ of many great famous men.
12. The USA is the birthplace ___ such as basketball, volleyball, American football etc.

- a. rich b. the donkey c. occupies d. of many kinds of sports*
e. the birthplace f. many islands g. The main rivers h. a federation
i. highly developed industry j. represent k. the elephant l. was named so

4. Подтвердите или опровергните высказывания. Confirm or refute statements. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. The United States of America occupies the northern and central parts of North America.
2. The USA stretches from Canada in the North to Mexico in the south.
3. The continental part of the USA consists of 4 parts: two highland and four lowland regions.
4. There are five Great Lakes between the USA and Canada.
5. The USA is poor in natural resources.

6. The USA is a federation of 50 states.
7. Each American state has its own capital.
8. The federal government is represented by the President and the Congress.
9. The Congress makes laws.
10. The emblem of the Republican Party is the donkey.
11. The USA is Democratic Party is a highly developed country.
12. Grandchildren of immigrant from all countries of Europe and Asia represent the main part of the nation.
13. The capital Washington was named after the first president George Washington.
14. The USA is the birthplace of such writers as Jack London, Mark Twain, Theodor Dreiser and others.

5. Выберите подходящее слово.

1. The United States of America occupies the central and (northern, western, southern) parts of North America.
2. The USA possesses many (lands, peninsula, islands) in the Pacific and Atlantic Oceans.
3. The USA is a highly developed (island, city, country).
4. Laws are made by the (Parliament, Government, Congress).
5. The supreme power belongs to the federal government, represented by the (Prime Minister, president, king) and the Congress.
6. The USA is the birthplace of many (favourite, outdated, popular) kinds of sports: American football, basketball, (rugby, volleyball, golf).
7. The continental part of the country (comprises, consists, leads) of 4 parts: 2 highland and 2 lowland regions.
8. The USA is rich in natural (conditions, resources, phenomena): coal, oil, natural gas, silver.
9. The USA originated with the Declaration of (Independence, income statement, conformity) of 1776.
10. (The Government, the Congress, the president) makes all laws.

11. The USA is one of the most powerful (islands, cities, countries) in the world.

12. The Democratic and the Republican parties are the (favourite, funny, main) political parties in the USA.

13. (Grandparents, grandchildren, relatives) of immigrants from all countries of Europe and Asia represent the main part of the nation.

14. The USA is a federation of (sixty, twenty, fifty) states. 14. Each state has its own (capital, president, Congress).

15. The Democratic and the Republican parties have their own party emblems: (the squirrel, the elephant, the deer) for Republicans and (the deer, the donkey, the rabbit) for Democrats.

Sports in the USA

1. Переведите на русский язык.

to do many sports; different spectator sports; winter fishing; minor injury; a rough play, rough stuff (грубая игра, запрещённый приём); to prefer basketball to football; to invent a new game; to go in for participant sports; top figure skaters; strong rival; fast run, a fast (резвая) horse

2. Переведите предложения на русский язык.

1. Americans like to do sports or to watch games. 2. The most popular sports are spectator sports including wrestling, boxing, horse racing, basketball, American football, baseball. 3. American football is rough and players often have injuries. 4. Some people are fond of hunting and fishing. 5. Many Americans prefer basketball to football. 6. Basketball is played indoors in winter and it is a faster game. 7. Basketball was invented in 1891 by a teacher at a sport school in Springfield, Massachusetts. 8. There are many participant sports in America. 9. The US top athletes are very strong rivals for those who contest the Olympic and World titles.

3. Переведите на русский язык.

to go in for some kinds of sports; fast all spectator sports; to attract many spectators; sport hunting; slight injury; high-injury sport; to play rough, rough stuff ;

to prefer track-and-field athletics to figure skating; to invent a new sport game; skill level; technically skilled; skilled person; to become a skilled hand at something; to invent a new game almost by accident; an away game; to be fond of participant sports; some top swimmers and figure skaters; a very strong rival; downhill skiing.

4. Переведите предложения на русский язык.

1. Americans like to do many kinds of sport. 2. Spectator sports include wrestling, boxing, horse racing and such games as baseball, basketball and American football. 3. Professional baseball teams play also in autumn. 4. Professional baseball games attract more spectators as the players are more skilled and perform very spectacularly. 5. American football is rough and players often have injuries. 6. Basketball is an American game that was invented in 1891 in Springfield, Massachusetts. 7. Golf is probably the most popular participant sport. 8. Golf is played whenever weather permits. 9. The US top track-and-field athletes, boxers, figure skaters and swimmers are very strong rivals for those who contest the Olympic and World titles.

5. Заполните пропуски подходящими по смыслу словами.

1. The most popular sports ___ including wrestling, boxing, horse racing and such games as baseball, basketball and American football.
2. Several pages of the American daily newspaper ___ to sports events.
3. American football is the most popular sport ___.
4. Baseball is played ___.
5. Basketball is played ___.
6. American football originated ___ more than seventy-five years ago.
7. American football is rough and ___ often have injuries.
8. Basketball is the winter sport ___.
9. Golf is probably the most popular ___ in America.
10. American football ___ by every college and university in the country.
11. There are professional football teams ___.
12. Many Americans prefer basketball to ___.
13. Golf is possibly more popular ___ than anywhere else.

14. Basketball was invented ___ by a teacher at a sport school in Springfield, Massachusetts.

15. Golf ___ whenever weather permits.

16. People can play basketball between ___ and the baseball season in summer.

17. Some American sportsmen ___ all over that world.

- a. *in autumn* b. *as a college sport* c. *are spectator sports*
d. *indoors in winter* e. *is played* f. *are devoted*
g. *in the 19th century* h. *participant sport* i. *in all major cities of the United States*
j. *in spring and summer* k. *players* l. *in American schools and colleges*
m. *is played* n. *the football season in autumn* o. *are famous* p. *football*
q. *in the United States*

6. Составьте предложения.

- 1 Baseball is ___ a ___ not the same as European football or soccer.
- 2 Golf is probably ___ b ___ at a sport school in Springfield, Massachusetts.
- 3 Americans like to do c ___ than anywhere else.
sports ___
- 4 Basketball is ___ d ___ are popular.
- 5 American football is ___ e ___ the most popular sport in the United States.
- 6 Several pages of the daily f ___ or to watch games.
newspaper are ___
- 7 Baseball is played in g ___ wrestling, boxing, horse racing, spring and summer, baseball, basketball and American football. professional teams ___
- 8 Golf is possibly more h ___ the most popular participant sport

- popular in the United States _____ in America.
- 9 Many Americans prefer i _____ in autumn.

- 10 American football is the j _____ by every college and university in the most popular sport _____ country.
- 11 Basketball was invented in k _____ the winter sport in American schools and 1891 by a teacher _____ colleges.
- 12 American football l _____ in all major cities of the United States. originated as a college sport _____
- 13 The most popular sports m _____ play also in autumn. are spectator sports including _____
- 14 American football is n _____ devoted to sports events. played _____
- 15 In winter skating, skiing, o _____ more than seventy-five years ago. bobsleigh and ice hockey _____
- 16 There are professional _____ Basketball to football. football teams _____

7. Составьте предложения.

1. Americans, or to watch games, like to go in for sports.
2. Some American sportsmen, all over that world, are famous.
3. American football, the most popular sport, in autumn, is.
4. Scotland, Golf, originated in.
5. Usually, are devoted, several pages of the daily newspaper, to sports events.
6. Some, of hunting and fishing, people are fond.
7. in the United States, the most popular, Baseball is, spectator sport.

8. more than seventy-five years ago, as a college sport, American football originated.

9. the winter sport, Basketball is, in American schools and colleges.

10. as European football or soccer, American football is, not the same.

11. Basketball to football, Many Americans, prefer.

12. by an American teacher, was invented, Basketball, in 1891.

13. is rough, American football, and, often, injuries, players have.

14. Golf is possibly, in the United States, more popular, than anywhere else.

15. In winter, are popular, skating, skiing, bobsleigh and ice hockey.

8. Подтвердите или опровергните высказывания. Confirm or refute statements. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. There is no information about sporting events in American newspapers.

2. Many Americans go in for sports.

3. The most popular sports are spectator sports.

4. Some people are fond of hunting and fishing.

5. Spectator sports include wrestling, boxing, horse racing and such games as baseball, basketball and American football.

6. Boxing is the most popular sport in the United States.

7. Baseball heroes are talked about and remembered as perhaps in no other sportsmen.

8. Professional Baseball teams play in spring, summer and in autumn.

9. American football originated as a college sport.

10. American football is absolutely the same as European football.

11. American football is rough and players often have injuries.

12. The USA is the birthplace of volleyball and basketball.

13. Many Americans prefer football to basketball.

14. Basketball is a faster game than football.

15. Golf is the most popular participant sport in America.

16. Golf played in any weather.

17. Swimming, diving, yachting, rowing, water skiing are popular too.

18. The US top track-and-field athletes, figure skaters and swimmers are strong rivals for those who contest the Olympic and World titles.

9. Выберите подходящее слово.

1. Americans like to do sports or to watch (movies, games, cartoons).

2. Americans like to read and (laugh at, talk about, describe) sports.

3. The most popular sports are (funny, spectator, droll) sports.

4. Some Americans are fond of hunting and (fashioning, fishing, faking).

5. Baseball is the most (nice, popular, funny) sport in the United States.

6. (Amateur, professional, youth) teams play baseball in spring, summer and in autumn.

7. American (tennis, chess, football) originated as a college sport more than seventy-five years ago.

8. American football is played by every college and university in (the country, the village, the town).

9. American athletics are very (droll, strong, weak) rivals for those who contest the Olympic and World titles.

10. American football is (funny, rough, wearisome) and players often have injuries.

11. (Golf, Basketball, Baseball) was invented in 1891 in America.

12. Although golf originated in (England, Wales, Scotland), it is possibly more popular in the United States than anywhere else.

13. In winter skating, skiing, bobsleigh and ice hockey are (boring popular, droll). 14. Some American sportsmen are (stupid, famous, silly) all over the world.

The Olympic Games

1. Переведите на русский язык.

to make water sports popular; to miss a match, to miss a chance; to miss a ball, to prohibit brutal methods; laurel ['lɔrəl] wreath [ri:θ]; be born B.C. (before Christ

[kraist]); to revive Olympic Games; to join the team; starting move; kind of movement; a new generation; to call attention to; to make contribution to the cause of peace; team pursuit race; to appoint a committee; main aim; true friend, absolutely true; motto of the Olympic Games.

2. Переведите предложения на русский язык.

1. The world's best amateur sportsmen are allowed to participate in the Olympic Games. 2. Professional athletes are prohibited. 3. The Olympic Games began in 776 B.C. in Olympia, Greece. 4. The participants took part in running, discus throwing, javelin throwing, fist fighting, long jump, wrestling, horse racing, chariot racing. 5. The rules were very strict. 6. The Winners were awarded olive wreaths and cups of olive oil. 7. The Olympic Games were held until 394 A.D. 8. About 300 games were held till that time. 9. The principle initiator of the modern Olympic Games was the French historian and pedagogue Pierre de Coubertin. 10. In 1894 the International Congress of Amateur Sportsmen made a decision to revive the Olympic Games, an International festival of sport. 11. The International Olympic Committee was established. 12. The first Committee consisted of twelve countries including Russia. 13. The opening ceremony is celebrated by lighting a flame called the "Olympic Flame". 14. Many ceremonial speeches are made. 15. All participant and referees give pledge. 16. The winners of the Olympic Games get gold medals, silver and bronze medals. 17. Nowadays, winter sports occupy as strong a position as summer sports do. 18. In 1924 the first Winter Olympics were held in Chamonix (France). 19. The Olympic motto is Citius, Altius, Fortius (Faster, Higher, Stronger). 20. New generations of athletes compete and try to break existing records.

3. Найдите в тексте эквиваленты.

Спортсмены-любители, участие профессионалов запрещено, лёгкая атлетика, скачки, саночный спорт, современное пятиборье, скоростной спуск, тяжёлая атлетика, борьба, прыжки с трамплина, фигурное катание, метание копья, кулачный бой, прыжки в длину, гонки на колесницах, оливковый венок,

решение о возобновлении, цель та же, зажигание олимпийского огня, даётся клятва, судья; быстрее, выше, сильнее; побить существующий рекорд

4. Заполните пропуски подходящими по смыслу словами.

A) 1. The Olympic Games are held ____ in one of the member-countries of the International Olympic Committee.

2. The world's best amateur sportsmen ____ in the Olympic Games.

3. Professional athletes ____.

4. The sportsmen ____ in summer and winter sports.

5. The summer events are: track-and-field, canoe rowing, cycling, horse racing, grass hockey, modern pentathlon, shooting, water sports, ____.

6. The winter events are: ____ tobogganing, hockey and others.

7. The Olympic Games began ____ in Olympic, Greece.

8. Ancient Olympic games were ____.

9. The participants of ancient Olympic games ____ in racing, running, discus throwing, javelin throwing, fist fighting, long jump, wrestling, horse racing, chariot racing.

10. The rules of ancient Olympic games were ____.

11. The Winners of ancient Olympic games were called ____.

12. The Winners of ancient Olympic games ____ olive wreaths and cups of olive oil.

13. The ancient Olympic Games had been held ____.

a) very strict b) skiing, biathlon, speed skating, figure skating c) were awarded

d) are prohibited e) in 776 B.C. f) for about eleven hundred years

g) every four years h) took part i) for men only

J) weightlifting, wrestling, yachting and others k) take part

l) are allowed to participate m) Olympionics

B) 1. The principle initiator ____ was the French historian, pedagogue and writer Pierre de Coubertin. 2. The decision ____ was made by the International

Congress of Amateur Sportsmen in 1894. 3. The International Congress of Amateur Sportsmen ___ the International Olympic Committee. 4. The first General Secretary of the International Olympic Committee was ___ 5. The opening ceremony of the Olympic Games is celebrated ___ called the "Olympic Flame". 6. At the opening of the Olympic Games ___ are held. 7. At the opening of the Olympic Games ___ give pledge. 8. The participants and referees ___ to the rules, friendly to all sportsmen and true to their countries. 9. ___ get gold, silver and bronze medals. 10. Nowadays, winter sports occupy ___ as do summer sports. 11. In 1924 ___ were held in Chamonix (France). 12. ___ is Citius, Altius, Fortius (Faster, Higher, Stronger). 13. New generations of athletes ___ and try to break existing records.

- a) by lighting a flame b) Olympic Games winners c) to revive the Olympic Games
 d) as the strong position e) the participants and referees
 f) of the modern Olympic Games g) compete h) the first Winter Olympics
 i) established j) solemn speeches k) are to be loyal
 l) Pierre de Coubertin m) The Olympic motto

5. Составьте предложения.

- 1 The Olympic Games a ___ in Chamonix (France).
 began in 776 B.C. ___
- 2 The opening ceremony b ___ is brought from Olympia.
 is celebrated by lighting
 a flame ___
- 3 The Olympic Games are c ___ in Olympic, Greece.
 held ___
- 4 The first Winter d ___ hockey, skiing, skating, figure skating,
 Olympics were held in tobogganing and others.
 1924 ___
- 5 The rules were ___ e ___ the French humanist Pierre de Coubertin.
- 6 The summer events are f ___ Citius, Altius, Fortius (Faster, Higher.

 Stronger).

- 7 The initiator of the g ___ and cups of olive oil.
modern Olympic Games
was ___
- 8 The winners of the h ___ and trying to storm existing records.
modern Olympic Games
get ___
- 9 The "Olympic Flame" ___ i ___ called the "Olympic Flame".
- 10 The winter events are j ___ track-and-field, basketball, boxing, canoe
___ rowing, cycling, horse racing, grass hockey,
water sports, weightlifting, yachting,
gymnastics and others.
- 11 And new generations of k ___ gold medals, silver and bronze medals.
sportsmen are competing

- 12 Winners were awarded l ___ every four years.
olive wreaths ___
- 13 The Olympic motto is m ___ very strict.

6. Подтвердите или опровергните высказывания. (Да, это верно – Yes, it's true. Нет, это неверно – No it's not true/ No it's wrong.)

1. The Olympic Games are held every five years.
2. The world's best professional sportsmen are allowed to participate in the Olympic Games.
3. The Olympic Games began in 776 B.C. in Olympia, Greece.
4. The ancient Olympic Games were for men only.
5. The rules were very strict.
6. The Winners were awarded olive wreaths and cups of olive oil.
7. The Olympic Games had been held for about six hundred years.
8. The Olympic Games were prohibited in 394 B.C. (before Christ [kraist]).

9. The initiator of the modern Olympic Games was Greek humanist Pierre de Coubertin.

10. In 1994 the International Congress of Amateur Sportsmen made a decision to revive the Olympic Games and to establish the International Olympic Committee.

11. The first General Secretary of the International Olympic Committee was Pierre de Coubertin.

12. In 1934 the first Winter Olympics were held in Chamonix (France).

13. The opening ceremony is celebrated by lighting the “Olympic Flame”.

14. The Olympic Flame is brought from France.

15. The winners get gold medals, silver and bronze cups of olive oil.

16. The Olympic motto is Citius, Altius, Fortius (Faster, Higher, Stronger).

7. Выберите подходящее слово.

1. The Olympic Games are competitions between (the most famous, the strongest, the luckiest) amateur athletes in the world.

2. The Olympic Games began in 776 B.C. in ancient Greece in Olympia.

3. They were (allowed, prohibited, started) in 394 A. D. (Anno Domini).

4. The initiator of the modern Olympic Games was (Greek, German, French) humanist Pierre de Coubertin.

5. The first (ancient, modern, famous) Olympic Games took place in 1896 in Athens in Greece.

6. In 1924 the first (Summer, modern, Winter) Olympics were held in Chamonix in France.

7. The Olympic motto is Faster, Higher, (Better, Earlier, Stronger).

8. The (participants, winners, spectators) get gold medals, silver and bronze medals.

8. Заполните пропуски подходящими по смыслу словами.

1. The Olympic Games are ___ between the strongest amateur athletes in the world.

2. The Olympic Games began in 776 B.C. in ancient ___ in Olympia.

3. They were ___ in 394 A.D.
4. The initiator of the ___ Olympic Games was French humanist Pierre de Coubertin.
5. The first modern Olympic games took ___ in 1896 in Greece.
6. In 1924 the first ___ Olympics were held in Chamonix in France.
7. The Olympic ___ is Citius, Altius, Fortius (Faster, Higher, Stronger).
8. The summer events are track-and-field, cycling, horse racing, modern pentathlon, rowing, shooting, water sports, weightlifting, yachting and other kinds of ___.
9. The winter events are hockey, skiing (downhill run, ___ jumping, biathlon), speed skating, figure ___, tobogganing and others.
10. The winners get gold, silver and bronze ___.

Практикум

Лобанова Ирина Владимировна

**ПО ДИСЦИПЛИНЕ «ИНОСТРАННЫЙ ЯЗЫК»
(АНГЛИЙСКИЙ ЯЗЫК)**

Дата сдачи в печать 19.05.2025 г. Формат 60x841/16.
Усл. печ. л. 3,31. Тираж 200 экз. Заказ № 25/86.

Отпечатано в ФГБОУ ВО «СГУС»,
г. Смоленск, проспект Гагарина, 23.
Тел.: (4812) 30-71-69